ACCU-CHEK[°] Instant





Four steps for measuring blood sugar



Insert test strip

Wash your hands with warm soapy water and dry them thoroughly before you start the measuring process. The measuring unit turns on when you insert the test strip into the device.



Apply blood

Touch the yellow edge of the test strip with the drop of blood. Take your finger away from the test strip as soon as the blinking hourglass symbol appears on the display.



Collect blood

When the blinking drop symbol appears, use the lancing device to collect the blood sample.



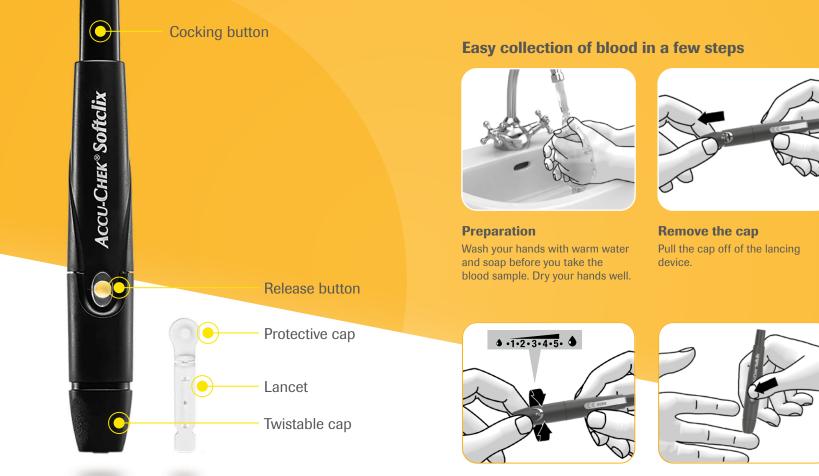
Read the test result

The test result appears in less than four seconds on the display. The arrow indicates whether your test result is above, within or below your target range.

Test strip with yellow area to apply blood sample

ACCU-CHEK[®] Softclix





Cock the lancing device and take a drop of blood

Press the cocking button all the way through. The lancing device is cocked when the middle of the release button is yellow. Hold the lancing device firmly on to the desired puncture site. Press the release button in order to collect the blood.



Insert the lancet

Place a new lancet in the lancet holder. Twist the protective cap off of the lancet. Put the cap back on the lancing device.

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Adjust the lancet depth You can set 11 lancing depths (0.5 to 5.5). Turn the cap until it aligns with the desired lancing depth mark.



Eject the used lancet

Take the cap off of the lancing device and slide the ejector forward. The used lancet will be ejected.Put the cap back on.