ACCU·CHEK®
Instant

Roche

Four steps for measuring blood sugar

Navigation button

Intuitive color scale
(to interpret your
measurements)

Navigation button
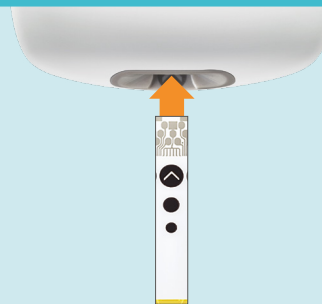
Ejection button

Test strip slot

Test strip with yellow
area to apply
blood sample

1

Insert test strip
Wash your hands with warm soapy water and
dry them thoroughly before you start the
measuring process. The measuring unit turns
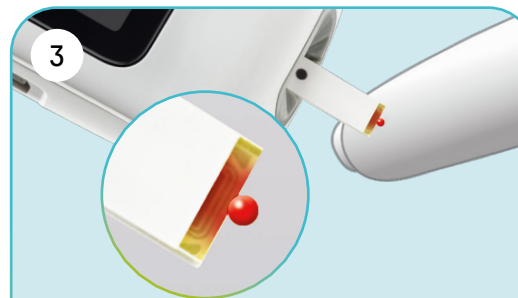on when you insert the test strip into
the device.

2

Collect blood
When the blinking drop symbol appears,
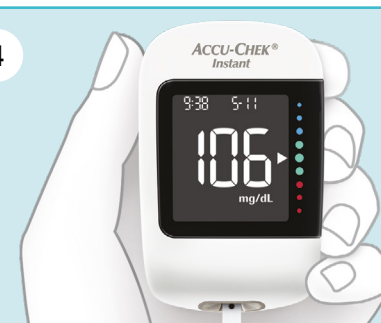use the lancing device to collect the
blood sample.

3

Apply blood
Touch the yellow edge of the test strip with
the drop of blood. Take your finger away from
the test strip as soon as the blinking hourglass
symbol appears on the display.

4

Read the test result
The test result appears in less than four
seconds on the display. The arrow indicates
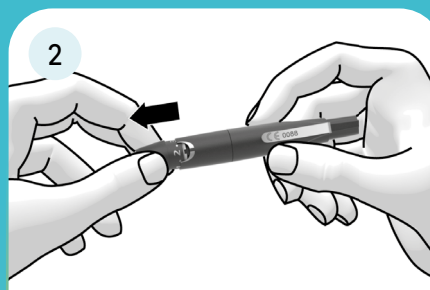whether your test result is above, within or
below your target range.

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Cocking button

Release button

Protective cap

Lancet

Twistable cap

Easy collection of blood in a few steps
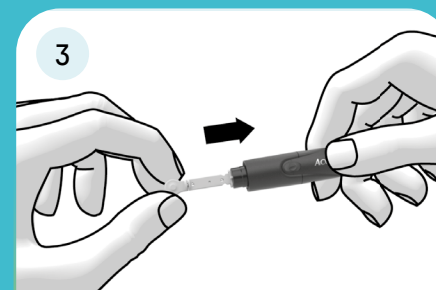
1

Preparation
Wash your hands with warm water and soap before you take the blood sample. Dry your hands well.
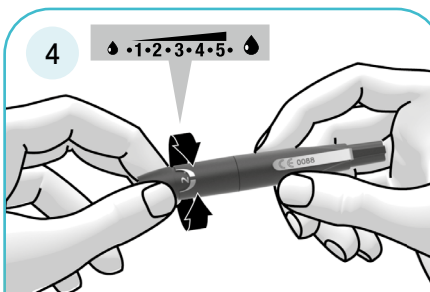
2

Remove the cap
Pull the cap off of the lancing device.

3

Insert the lancet
Place a new lancet in the lancet holder. Twist the protective cap off of the lancet. Put the cap back on the lancing device.

4

Adjust the lancet depth
You can set 11 lancing depths (0.5 to 5.5). Turn the cap until it aligns with the desired lancing depth mark.

5

Cock the lancing device and take a drop of blood
Press the cocking button all the way through. The lancing device is cocked when the middle of the release button is yellow. Hold the lancing device firmly on to the desired puncture site. Press the release button in order to collect the blood.

6

Eject the used lancet
Take the cap off of the lancing device and slide the ejector forward. The used lancet will be ejected. Put the cap back on.

1124 Englisch